

## Guacamole

Portions: 6-8

Ingredients:

1 ½ lbs	Avocado meat
½ c	Cilantro (finely chopped)
3 T	Room temp ripe tomatoes (diced 1/2 x 1/2")
3 T	Yellow onion (chopped 1/4 x 1/4")
1 T	Fresh jalapeno (seeded and minced)
1 T	Fresh lemon juice with pulp
1 T	Olive oil
½ t	Kosher salt
1 ea	Lime

Method:

1. Place avocado into a mixing bowl and chop into pieces no larger than ½ x ½ inch. Add remaining ingredients and fold with a plastic spatula, you want to clearly see chunks and pieces.
2. Transfer to a serving bowl and squeeze the juice from the lime all over the surface