

Eyelid Surgery: Blepharoplasty

Jennifer I. Hui, M.D.

Loma Linda Department of Ophthalmology

APC

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Reasons Patients Seek Eyelid Surgery

- Tired appearance
- Lids feel heavy
- See better with lids lifted
- “Bags” under eyes



Causes of Heavy Lids

- Dermatochalasis
 - excess skin of the eyelids
 - fat prolapse may give swollen appearance
- Ptosis
 - drooping of the upper eyelid



Dermatochalasis



Dermatochalasis



Ptosis



3



Ptosis



Surgical Treatment

- To enhance appearance and sense of well-being
- Blepharoplasty for dermatochalasis
 - remove excess tissue
- Ptosis repair to lift the upper eyelids



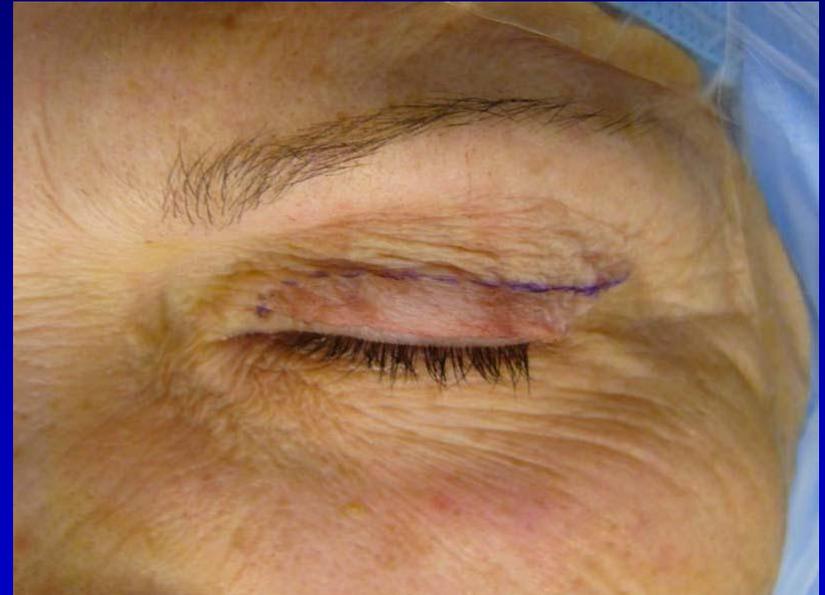
Upper Lid Blepharoplasty

- Mark lid crease



Upper Lid Blepharoplasty

- Incision follows contour of the natural eyelid crease



Upper Lid Blepharoplasty

- Excess skin and fat are removed





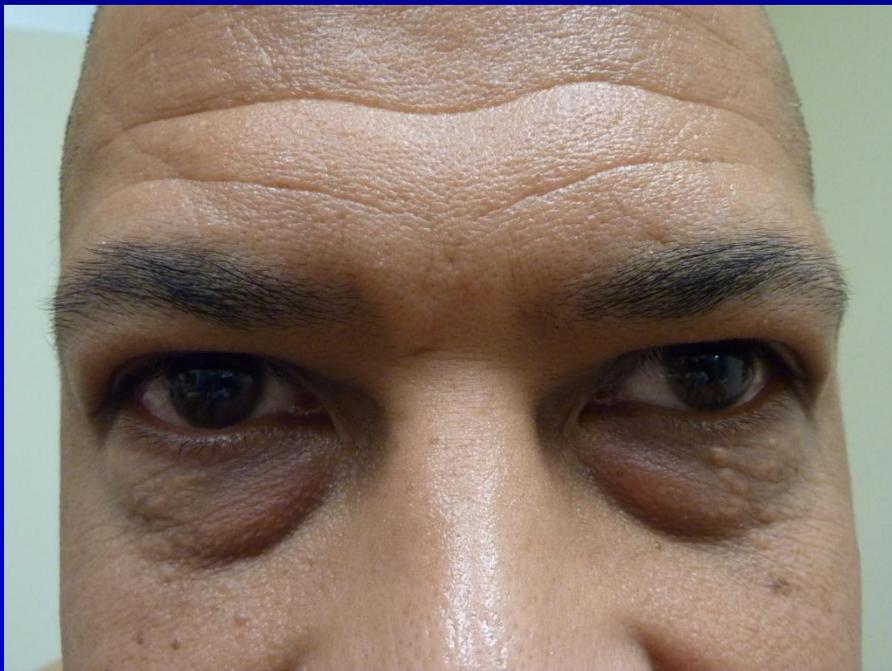
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Ptosis Repair

- External levator advancement
- Internal conjunctival mullerectomy resection



Ptosis Repair

- External approach similar to blepharoplasty (lid crease incision)
- Disinserted muscle is identified and the eyelid is lifted to proper height and contour



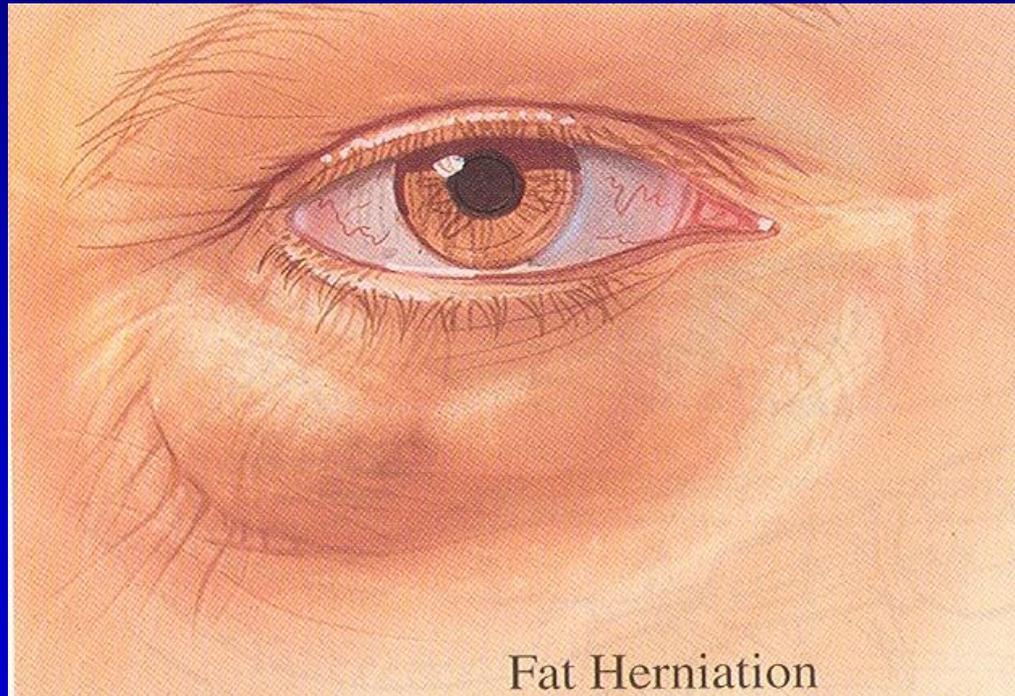






Lower Lid Blepharoplasty

- Lower eyelid blepharoplasty reduces excess fat and/or skin in the lower eyelids



Fat Herniation



Lower Lid Blepharoplasty

- Trans conj fat removal
- Skin pinch
- Lateral canthal fixation



Lower Lid Blepharoplasty – Immediately After Surgery



Before surgery



2 weeks after surgery





Before surgery



1 month after
surgery



Before surgery



1 month after
surgery



What To Expect After Eyelid Surgery

- Bruising and swelling → ice for 48 hours
- No heavy lifting/vigorous exercise for 2 weeks
 - to reduce risk of post-operative bleeding
- Keep incisions clean for 1 week
- Sutures removed 1 week after surgery for skin incisions



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- Make sure you know the LCD criteria and document accordingly
- RAC audits
- AAO and ASOPRS websites



Blepharoplasty Video

