CORNEAL COMPLICATIONS IN CATARACT SURGERY: ETIOLOGY, PREVENTION, & TREATMENT

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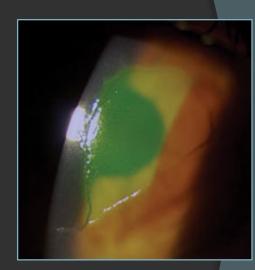
Epithelial Complications

Corneal Abrasion: Etiology

- Excessive topical anesthetics
- Drying of ocular surface
- Trauma from speculum
- Inadvertent eye movement
- Significance: Can hinder visualization, cause postoperative pain, prolonged recovery, and cause recurrent erosion.

Corneal Abrasion: Prevention

- Lubricate ocular surface prior to application of speculum
- Avoid drying of ocular surface during procedure
- More care with diabetics and Epithelial basement membrane dystrophy



Corneal Abrasion: Treatment

- Piece together pieces of epithelium like puzzle, and consider a bandage contact lens (BCTL)
- Remove BCTL when epithelium clearly secure and adherent
- Back up on NSAIDs and steroid until heals

Stromal Complications

Thermal Injuries: Etiology

- Older equipment
- Low flow: poor cooling of tip
- High phaco energy
- Viscoelastics blocking flow



Thermal Injuries: Etiology

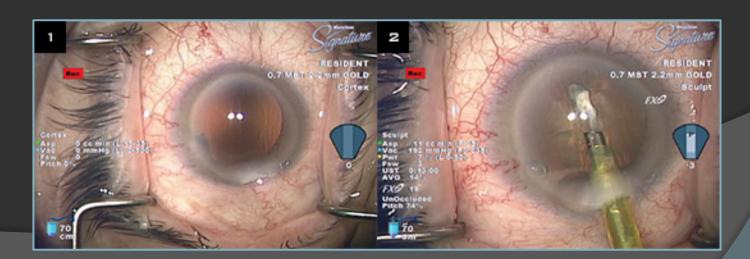
- Small or tight incision (restricting flow)
- Torquing phaco tip in incision
- Patient movement: persistent Bell's
- Most often <u>combination</u> of several mechanisms

Thermal Injury: Sequelae

- Mild: foreign body sensation, mild wound gape, scar
- Moderate: Wound leak, need for suturing, induced astigmatism
- Severe:
 - Unsuturable, or severe astigmatism with suture closure

Thermal Injury Prevention

- Create empty working space in AC without viscoelastic (Pre Phaco mode)
- Avoid tight incision or torquing phace
- Use modern phaco units: Whitestar excellent at thermal protection, Ozil

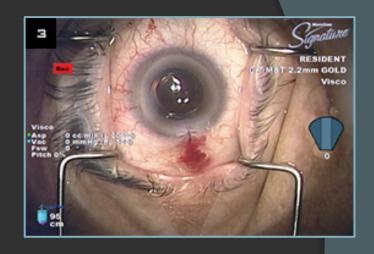


Thermal Injury Prevention

- Lowest phaco power needed
- Stop if see no flow in AC, whitening of cornea, or "white milk"
- Assistant to irrigate and cool wound in dense cataracts

Thermal Injury Treatment

- Radial suture if mild
- Horizontal mattress suture if more severe
- Corneal gluing for moderate cases
- Patch Graft for severe cases

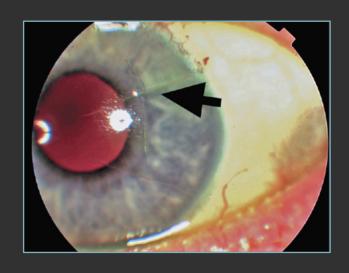




Wound Tear: Etiology

- Thin stromal over corneal tunnel
- Keratome movement and lateral cut in to tunnel
- Cystotome removal from eye
- Excessive torquing movements
- Previous radial keratotomy: incisions splay open <u>very</u> easily
- Previous penetrating keratoplasty: wound may dehisce easily

Dehisced RK Wound With Suture

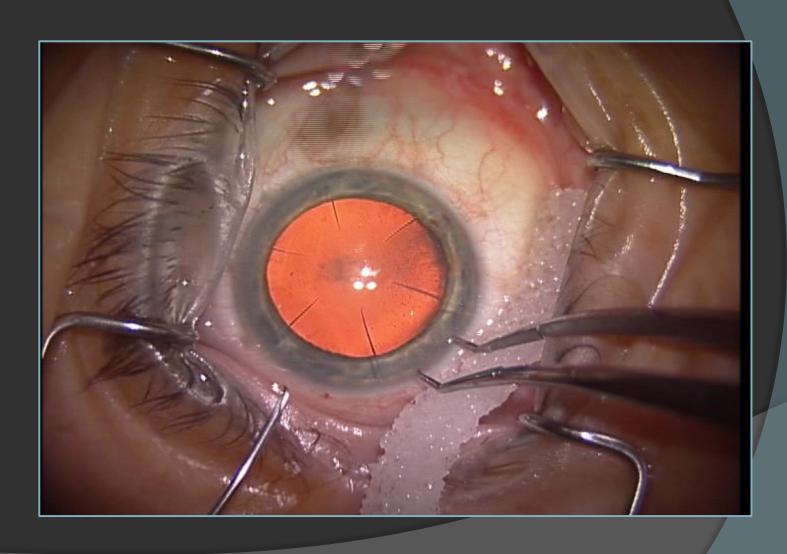




Wound Tear: Prevention

- Gentle manipulation during surgery, avoid torque in wound
- Careful when removing cystotome from eye: can cut corneal tunnel roof
- Place clear corneal incisions between RK incisions, consider scleral tunnel
- For post PKP consider scleral tunnel, and end tunnel before host graft junction

Wound Tear: Prevention



Wound Tear: Treatment

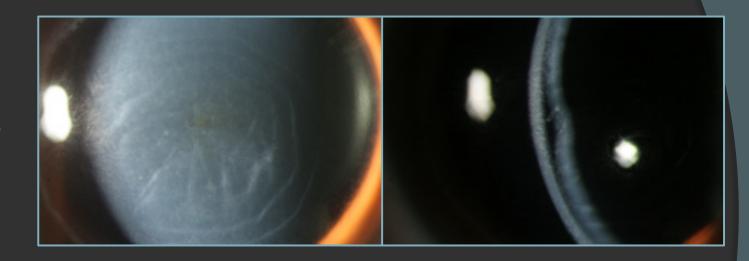
- In PKP may need multiple sutures
- In RK may need patchwork of sutures to close complex wounds/splayed incisions
- Corneal glue
- Sequela:
 - Induced astigmatism
 - Prolonged surgery and recovery

Viscoelastic Induced Stromal Keratopathy: VISK

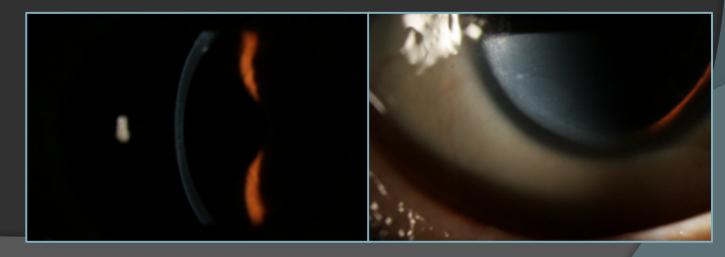
- Intrastromal injection of viscoelastic in post-LASIK eye through paracentesis, dissecting flap
- Causes severe loss of vision
- Treatment: Open edge of flap, remove viscoelastic, and avoid introduction of epithelium in interface to avoid epithelial ingrowth
- Prevention: ensure viscoelastic cannula is in AC prior to injection

Viscoelastic Induced Stromal Keratopathy: VISK

Before



After



Stromal Melts: Etiology

- Associated with use of NSAIDs
- Seen in patients with ocular surface disease: dry eye, neurotrophic, previous ocular surface
- Can scar or perforate in just a few days

Stromal Melt Prevention

- Avoid indiscriminate topical NSAID use
- Treat dry eye prior to cataract surgery
- Close observation postoperatively of any epithelial defect, or greater than expected SPK on POD #1
- Watch closely patients with risk factors:
 - Sjogren's, dry eye
 - Other autoimmune disease: RA
 - Neurotrophic

Stromal Melts: Treatment

- Stop NSAID
- Back up or stop steroid
- Bandage CTL
- Punctal occlusion, lubrication
- Tarsorrhaphy
- Corneal glue or PKP





Femtosecond Cataract Surgery

- Incomplete wound due to:
 - Inadequate energy
 - Arcus or scar
 - Micro movements of eye
- Prevention: Higher energy in arcus or scars, ideas?
- Management: In same area incision with blade

Endothelial Complications

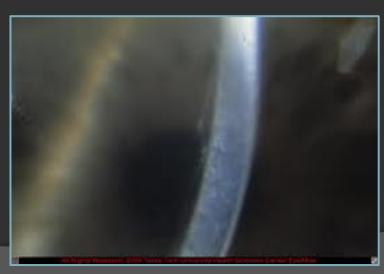
Descemets' Membrane (DM) Detachment

- Caused by injection of viscoelastics or BSS in potential space
- May also be caused by instruments and phaco sleeve
- If early in surgery, may lead to combined capsulorrhexis/desmatorrhexis
- May lead to prolonged recovery in mild to moderate cases, if severe will need DMEK or DSAEK

DM Detachments









DM Detachment: Prevention

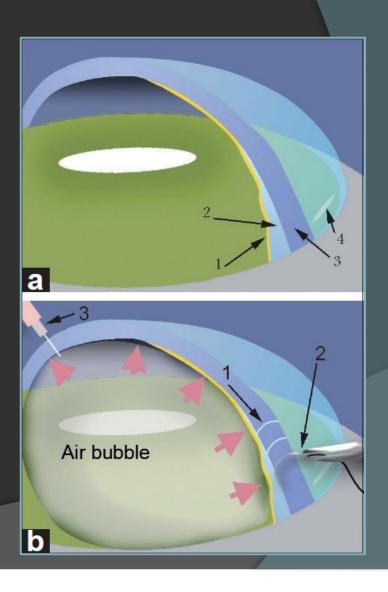
- Prior to injection of BSS or viscoelastic, verify cannula completely in AC
- Careful visualization during hydration of wound to avoid creation of large detachment
- Careful insertion of instruments and irrigating sleeve

DM Detachment: Management

- Attempt to reposition DM to its normal location with BSS currents
- Place filtered air or an isoexpansile C3F8 14% mixture in AC and instruct patient to position to place air beneath DM
- If large refer early to avoid fibrotic stiffening of DM which will require DMEK or DSAEK

DM Detachment s/p Repair





Endothelial Decompensation: Etiology

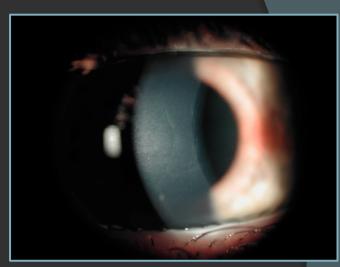
- Excessive phaco power
- Power close to endothelium
- Inappropriate or insufficient viscoelastic use
 - Dispersive agents: Viscoat, Endocoat
- Preexisting endothelial dystrophy
- Previous anterior segment surgery
- TASS

Endothelial Decompensation Prevention

- Use dispersive viscoelastics: Viscoat, Endocoat
- Refill AC with viscoelastic in cases at risk:
 i.e. two vials of viscoelastic
- Work away from the cornea
- Keep procedure time low and atraumatic
- Consider femtosecond cataract surgery?
- Endothelial cell count prior to surgery in eyes with previous surgery

Endothelial Decompensation Treatment: Surgical

- DMEK
- OBAEK
- PKP only if there is significant stromal scarring
- Early referral to have early surgery before anterior stromal scarring from longstanding corneal edema





Endothelial Decompensation Treatment of Choice: DMEK



Questions?



