

Cancer-Fighting **FOODS** COOKING DEMONSTRATION

Learn and taste! Our knowledgeable chefs and dietitians will show how to prepare foods that help to reduce cancer risk, heart disease, inflammation and more.

JOIN US AT 6 P.M.

Wednesday, March 20, 2019
Wednesday, May 15, 2019
Tuesday, October 15, 2019
Wednesday, December 11, 2019

KITCHEN AT NICHOL HALL

Loma Linda University School of
Allied Health Professions
24951 Circle Drive
Loma Linda, CA 92350

For more information or to register, call **1-877-LLUMC-4U**.

MANY STRENGTHS. ONE MISSION.

A Seventh-day Adventist Organization



**LOMA LINDA
UNIVERSITY**

Cancer Center