

Episode 10: Vegetarian Diet Researcher Biography

Michael J. Orlich, MD, PhD is a physician and health researcher at Loma Linda University. He studied medicine at the University of Michigan and completed his PhD in Epidemiology at the Loma Linda University School of Public Health. He is board certified in Family Medicine and Preventive Medicine. He is an investigator with the Adventist Health Study 2 (AHS-2), a large NIH-funded study, primarily investigating the relationship of various aspects of diet to major health outcomes, particularly cancers and mortality. He maintains a small clinical practice in Preventive Medicine at the Center for Health Promotion, Loma Linda University. He also serves as Program Director for the university's Preventive Medicine Residency.