HOW IT SPREADS
Most often, spread from person-to-person. Happens among close contacts (about six feet) – mainly via respiratory droplets produced when an infected person coughs or sneezes.

It is currently unclear if a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose or possibly their eyes.

IF YOU FEEL SICK
If you have a fever, cough or difficulty breathing, and have traveled to China or were in close contact with someone with COVID-19 in the 14 days before you began to feel sick:
• Seek medical advice – Call ahead and tell them about your recent travel and your symptoms before you go to a doctor’s office or emergency room.
• Avoid contact with others.

PREVENTION
There is currently no vaccine to prevent COVID-19 infection.

Preventative actions recommended by CDC
• Avoid close contact with people who are sick.
• Avoid touching your eyes, nose and mouth with unwashed hands.
• Stay home when you are sick.
• Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
• Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
• Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing.
  » If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
  » Always wash hands with soap and water if hands are visibly dirty.