

# THE WORLD RELIGIONS AND MENTAL HEALTH

What the Latest Research Shows Us

**March 1, 2026, 9 a.m.-12 p.m.**

Small Auditorium, Centennial Complex

Join world-renowned researcher **Dr. Harold Koenig** (along with four expert responses), editor of *The Oxford Handbook of Religion and Health*, for a timely look at the intersection of religion and mental health, highlighting recent evidence-based findings across **Christianity, Judaism, Islam, and Buddhism.**



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please visit our page.**

<https://ce.llu.edu/hc2026/sr>

Sponsored by the Center for Understanding World Religions and the Center for Whole Person Care.



**Harold G. Koenig, MD, MHSc**  
Professor of Psychiatry and Behavioral Sciences and Associate Professor of Medicine, Duke University Medical Center



**Sigve Tonstad, PhD, MD**  
Research Professor of Religion, Loma Linda University



**Bruce Feldstein, MD**  
Founder and Emeritus Director, Jewish Chaplaincy Services serving Stanford Medicine, and Adjunct Clinical Professor at Stanford University School of Medicine



**Siraj Mowjood, DO**  
Clinic Director for the UMMA Health Al Shifa Clinic, formerly attending physician at Arrowhead Family Medicine Group



**Igor Kokhan, PhD**  
Associate Professor of Religious Studies, La Sierra University



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