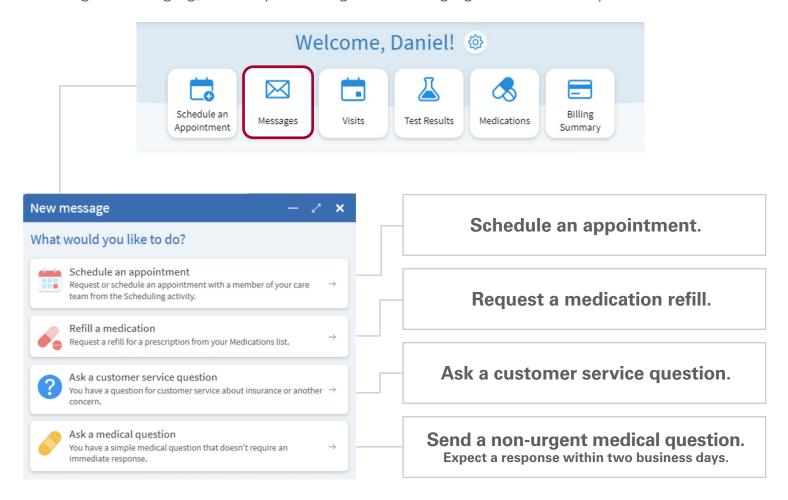


Sending a Message Through MyChart

To begin messaging, start by selecting the Messaging shortcut activity on the menu bar.



Recommendations for messaging your medical providers:

- You can message many of your medical providers here. Your Hospital and Emergency Department medical providers are not available. Keep in mind that sometimes a nurse or another team member might answer your message.
- If your healthcare team needs to talk with you more about your message, they may ask you to come in for an appointment.
- Please only upload pictures and documents that have to do with your health.
 These will become part of your medical record and other healthcare team members may see them.
- Abuse of the messaging tool may result in restricted, suspended, or terminated use of your MyChart account.

If this is a medical emergency, please dial 911. If you are experiencing a mental health crisis or having thoughts of suicide, please call 988.

For answers to common questions about MyChart, please read our **Frequently Asked Questions**.



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