

# Diabetes Support Group

**First Thursday  
of every month  
4:30pm-5:30pm**



**Presentations on nutrition, lifestyle changes, prevention and management of diabetes. Group discussions about health promotion. Open to the public, no registration required.**

**Join us In-Person or Virtually**

**Hosted by:**

Loma Linda University Medical Center  
Diabetes Treatment Center

11285 Mountain View Ave., Suite 40 Loma  
Linda, CA 92354  
Ph.(909) 558-3022 email: [dtc@llu.edu](mailto:dtc@llu.edu)

Microsoft Teams Meeting ID: 230 225 469 949  
Passcode: vCAy5i

## **Increase Awareness**

- Nutrition**
- Lifestyle changes**
- Prevention**
- Management of diabetes**



**LOMA LINDA UNIVERSITY**  
**HEALTH** PossAbilities

**Many Strengths.  
One Mission.**