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#THANKARESIDENTDAY

Thank you to: LLUHEC Residents

Dear LLUHEC Residents and Fellows, Seeing you all step up this past year during the Pandemic reminded me how fortunate I am to get to work with Residents every day! You ARE ALL an inspiration and without your hard work, dedication, and grit, Loma Linda University Health would not be the same. From the bottom of my heart, I thank each and every one of you for what you do, day in and day out. Happy Thank a Resident Day

From: Justin Kerstetter, Graduate Medical Education Office



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#THANKARESIDENTDAY

Thank you to: Nathan Hoyt, PSYCHIATRY

I have deeply appreciated working with you at SACH. You are an excellent physician.

From: William Harold McGhee, Psychiatry



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Thank you to: Tom Parisi, PSYCHIATRY

I have really appreciated working with you at SACH and the BHI. You provide good medical care.

From: William Harold McGhee, Psychiatry



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Thank you to: Elizabeth Ma, PSYCHIATRY

I have appreciated getting to know you. I look forward to supervising you next year. Thanks for what you wrote in my yearbook. That was important to me.

From: William Harold McGhee, Psychiatry



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Thank you to: Adam Borecky, PSYCHIATRY

I have enjoyed meeting you. Hopefully we can have many ethics discussions in the future!

From: William Harold McGhee, Psychiatry



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Thank you to: Christian Bernardo, PSYCHIATRY

It is a pleasure getting to know you. I look forward to the next four months of supervision.

From: William Harold McGhee, Psychiatry



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Thank you to: Caleb Ho-A-Shoo, PSYCHIATRY

Caleb, I very much enjoy working with you. You are a very good physician.

From: William Harold McGhee, Psychiatry



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Thank you to: Ariana Martinez, PSYCHIATRY

It is a pleasure to have gotten to you at the BHI and also in seminar. I look forward to next year!

From: William Harold McGhee, Psychiatry



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Thank you to: Tonie Beltran, PSYCHIATRY

It is a pleasure to have gotten to you at the BHI and also in seminar. I look forward to next year. You are a good physician

From: William Harold McGhee, Psychiatry



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Thank you to: Monique Harrison, PSYCHIATRY

It is a pleasure to have gotten to you at the BHI and also in seminar. I look forward to next year. You are a good physician and are an exceptional chief resident.

From: William Harold McGhee, Psychiatry



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Thank you to: Mamdouh Hanna, PSYCHIATRY

It is a pleasure to have gotten to you at the BHI, at SACH and also in seminar. You are becoming an excellent psychiatrist - especially with a difficult patient like Robin.

From: William Harold McGhee, Psychiatry



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Thank you to: Rosa Chung, PSYCHIATRY

Rosa, it is a pleasure to have gotten to you at the BHI and also in seminar. You are an excellent physician.

From: William Harold McGhee, Psychiatry



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Thank you to: Joy Launio, PSYCHIATRY

Joy, it is a pleasure to have gotten to you at the BHI and through supervision. You are a very good physician.

From: William Harold McGhee, Psychiatry



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Thank you to: Dr. Rebolledo, PSYCHIATRY

Thank you for how hard you work to advocate for our patients!

From: Erin Keepers, Youth Inpatient Social Services



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Thank you to: Dawn Hur, PSYCHIATRY

Thanks for keeping my UpToDate account alive :) I bet you're doing a wonderful job, giving your best, and touching people's hearts/minds. ♥

From: Hannah Choi, School of Medicine



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Thank you to: Adam Borecky, PSYCHIATRY

I ran into you one evening when I was on my ED rotation; I was having a bit of a hard night, and your cheerfulness and positivity made all the difference. Thank you for the vibe you bring to every med student you interact with, dude!

From: Ryan Marais, School of Medicine



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Thank you to: Amanda Lim, PSYCHIATRY

My two weeks of outpatient geriatric psych with you were incredible, in no small part due to your enthusiasm, encouragement, feedback, and love of teaching. You're exactly the type of resident that a medical student wishes to work with, and hopes to one day become! Thank you!

From: Ryan Marais, School of Medicine



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Thank you to: Sith Riantawan, MD, PSYCHIATRY

I am so grateful for your positive attitude and willingness to help the team. You have set yourself apart with your demeanor and work ethic. Your patients are lucky to have you!!

From: Bullock, Dept of Psychiatry



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Thank you to: PSYCHIATRY RESIDENTS

Thank you for all you do on our inpatient units! We would be lost without you here to help us throughout the day with orders, scripts, family calls, diagnosis questions, medication questions, testifying in court and everything else when the attendings are gone. Thanks for all you do!

From: Heather Ulrich and the SW team, Inpatient Social Services



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Thank you to: Ariana Martinez, PSYCHIATRY

Dr. Martinez is very good at listening to the nurses and providing good guidance. She is very caring to her patients, spends time listening to them.

From: Adult Services Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Adam Borecky, PSYCHIATRY

Dr. Borecky is appreciated by the inpatient Adult Services team. He always shows compassion to his patients. He always listens to the nurses concerns.

From: Inpatient Adult Services, Adult Services Inpatient Unit at the BMC



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Thank you to: PSYCHIATRY RESIDENTS

Thank you for your enthusiasm, responsiveness, and motivation for learning psychotherapy. It is my pleasure and honor to be working with you. My best wishes for your ongoing professional flourishing and personal fulfillment.

From: John D F Tarr MD PHD MPH, Psychiatry



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Thank you to: Dr. Rebolledo, PSYCHIATRY

thank you for always being awesome in everything you do! You are always so approachable and are always ready to take that initiative to help us nurses in keeping us safe when we deal with difficult patients. Your compassion and communication with us are appreciated! :)) Dr. Mauch - thank you for being funny but caring when it comes to us nurses advocating for patients :) we see you take the time to explain things to patient and your behavior does not go unnoticed

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Hoyt, PSYCHIATRY

we love having you on call! You are always so quick to respond when it comes to emergencies we have in the units. You would leave the treatment room and sit down with the patient when they're having a difficult situation and take your time to help de escalate the situation :)

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Chen, PSYCHIATRY

you show confidence and ownership when you're with each patient. You're firm, quick, and knows just what to do :) we love having you!

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Cho, PSYCHIATRY

as a new resident, you were able to make decisions on your own.. but also you value our opinions in what to do with certain situations. It shows you are willing to work with us nurses and grow on learning experiences

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Bernardo, PSYCHIATRY

thank you for being approachable and always willing to help and checking in before you leave if we need anything

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Riantawan, PSYCHIATRY

you are a fast worker and easily approachable! You are readily available when needed and willing to help. You ask questions if you're unsure and you trusts our nursing judgment :) thank you!

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Song, PSYCHIATRY

You took care of the whole unit one time and handled it:) You addressed each of our concerns accordingly and yet remained professional and calm

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Nguyen, PSYCHIATRY

you're a great resident and it's a pleasure working with you. You take the time to listen to get our input on things, you trust our judgment and are always willing to work with us

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Bhat, PSYCHIATRY

thank you for being confident with your decisions! It helps us to know you know what you are

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Ho-a-shoo, PSYCHIATRY

your calmness is appreciated.. just listening to the patients concerns and being present says a lot. You don't get anxious and can handle de escalating a patient in a calming manner. Thank you!

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Liu, PSYCHIATRY

you are smart and sweet, have good clinical judgment and very good with your communication with patients :) thank you for being kind and nice to us nurses always

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. El Menshawi, PSYCHIATRY

you are so fun to work with! You are good at explaining things to patient and you are fast and quick to respond! :) thank you for being so personable!

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Launio, PSYCHIATRY

thank you for being helpful to us and checking in with us to make sure staff and patients are safe

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Singh, PSYCHIATRY

thank you for trusting us nurses when we need something! It shows that you value what we know and our experiences

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Borecky, PSYCHIATRY

thank you for your positive attitude and always willing to listen to us nurses when we need anything or advocating for pts.. and you always come in with a smile and that goes a long way!

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Ascher, PSYCHIATRY

Dr. Ascher - you are confident with what you do, you are good with the patients and really take the time to make sure they are educated on certain things :) thank you for making sure we have what we need before you go.

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Dr. Hoyt, PSYCHIATRY

He's always very helpful and communicates really well with all of us, definitely a great resident.

From: Inpatient Nursing, Inpatient Adult Services at BMC



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Thank you to: Victoria Agee, PSYCHIATRY

Victoria, Thank you for all you do! I appreciate you!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Tori Burghart, PSYCHIATRY

Hi Tori, Thank you for all your hard work!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Mikyla Cho, PSYCHIATRY

Hi Mikyla, Appreciate your hard work. Thanks for being a great resident.

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Nelson Horsley, PSYCHIATRY

Hi Nelson! Thank you for your hard work. It's valued and appreciated

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Dawn Hur, PSYCHIATRY

Hi Dawn! Thank you for being a great resident. And coming by to visit me. I appreciate you!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Teresa Shu, PSYCHIATRY

Hi Teresa, Thanks for all your hard work. Glad you're part of our program :)

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Sunny Singh, PSYCHIATRY

Hi Sunny, Thanks for being a great resident and for your hard work! See you in the daytime soon :)

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Raveena Toor, PSYCHIATRY

Hi Raveena, You're a great resident! Keep up the great work!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Ken Wong, PSYCHIATRY

Hi Ken! Thanks for your hard work. You're awesome! See you soon!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Neveen Youssef, PSYCHIATRY

Hey Neveen, I appreciate all your hard work. Thanks for always responding to my emails. You make my job easy :)

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Dr. Rosa Chung, PSYCHIATRY

Rosa, thank you for helping me on my journey in becoming a great psychiatrist. I enjoyed talking to you on rotations and I like that you lead by example. Stay cool!

From: Kyle Logan, MS4



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Thank you to: Dr. Mohammad El-Menshawi, PSYCHIATRY

Bro, thanks for all the feedback and tips you gave me on C&L. We will grapple again soon. Get strong and stay cool!

From: Kyle Logan, MS4



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Thank you to: Dr. Tori Burghart, PSYCHIATRY

Tori, you have been helping me out since you were a med student doing pharm study sessions. Thanks for all your input and help in my journey to be a psychiatrist. Stay cool!

From: Kyle Logan, MS4



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Thank you to: PSYCHIATRY RESIDENTS

Although I may not have worked with each and every one of you recently, please know that I am so very grateful for all the "on call" hours, emergency room visits, inpatient consults, and the time and care you have given to our community. Especially on behalf of the VA. I truly appreciate you and have been honored to support your education in whatever way I can with the little bits of time we have here and there. THANK YOU for sticking in there on all those late nights... and THANK YOU for your dedication , blood/sweat/tears... You are all my heroes and it doesnt go unnoticed (even though it may not always be verbalized!!!) THANK YOU THANK YOU !

From: Shannon Remick MD - On behalf of the VA (specifically STAR clinic now :) LLVAMC , Outpatient STAR



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Thank you to: Dr. Dawn Hur, PSYCHIATRY

Dawn thank you so much for prepping me to present to Dr. Johnson. I enjoyed working with you on BMC inpatient. Stay cool!

From: Kyle Logan, MS4



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Thank you to: Dr. Kendall Wong, PSYCHIATRY

I enjoyed working with you on BMC adult, thanks for helping me with my assessments and plans. Stay cool!

From: Kyle Logan, MS4



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Thank you to: Dr. Grechen Ascher, PSYCHIATRY

Thank you for helping me present to Dr. Johnson on BMC inpatient. Stay cool!

From: Kyle Logan, MS4



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Thank you to: PSYCHIATRY RESIDENTS

Thank you for all of your hard work! THE FORCE IS STRONG WITH YOU...

From: Dr. Kawase, Loma Linda VA



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Thank you to: Gretchen Ascher Jones, PSYCHIATRY

Hi Gretchen, Thanks for your kindness and hard work. I appreciate you!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Chetan Bhat, PSYCHIATRY

Hi Chetan! Thanks for all your hard work and dedication. You're awesome!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Adam Borecky, PSYCHIATRY

Hi Adam, Thanks for your kindness, friendship, and warmth.

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Sharon Chen, PSYCHIATRY

Hi Sharon, You're an amazing resident! Thanks for all you do. Appreciate your kindness.

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Mohamed El-Menshawi, PSYCHIATRY

Hey Shawi! Thanks for being a compassionate and caring colleague and friend. And for always offering to help to make my day easier. I appreciate you!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Alyssa Estrada, PSYCHIATRY

Hey Alyssa, Thanks for being a hardworking resident. Keep shining bright!

From: Priscilla Verales, Psychiatry Residency



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Thank you to: Victoria Agee, PSYCHIATRY

Thank you for being hard working, confident, and enthusiastic about the field of psychiatry. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Raveena Toor, PSYCHIATRY

Thank you for being so hard working, compassionate and thorough in your care for patients.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Victoria Burghart, PSYCHIATRY

Thank you for working so hard to serve our mentally ill veterans and for having a sense of humor. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Dawn Hur, PSYCHIATRY

Thank you for always being a step ahead. Your quick thinking and thorough mindset is a benefit to the patients you serve.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Kendall Wong, PSYCHIATRY

Thank you for providing good care for our patients. You are also a great teacher.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Neveen Youssef, PSYCHIATRY

Thank you for your meticulous thorough care of our veteran's. Your carefully drafted notes are often admired by others long after your departure from the service

From: Dr. Abrams, VA Loma Linda



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Thank you to: Gretchen Ascher, PSYCHIATRY

Thank you for being so hard working and an absolute rock star during your overnight rotation. Your management of patients was greatly appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Chetan Bhat, PSYCHIATRY

Thank you for providing outstanding care for our veterans. You always do your job with great care and completeness. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Mohamed El-Menshawi, PSYCHIATRY

Thank you for having so much compassion for your patients. You truly stand out in this aspect of your care.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Alyssa Estrada, PSYCHIATRY

Thank you for consistent care, eagerness to learn and genuine character. You provide great care for our Veterans.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Lisa Fayard, PSYCHIATRY

Thank you for being so hard working and having such a kind spirit. Your care for our Veterans is greatly appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Elizabeth Ma, PSYCHIATRY

Thank you for your hard work, attention to detail and love for psychiatry. You are a great asset to our field. Keep up the good work.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Sith Riantawan, PSYCHIATRY

Thank you for being hard working and taking such great care of our patients. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Sharon Chen, PSYCHIATRY

Thank you for your thoughtful care of our Veteran's. Your hard work is appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Maxwell Schauer mann, PSYCHIATRY

Thank you for your hard work and compassionate care for our Veterans. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Adam Borecky, PSYCHIATRY

Thank you for working so hard for our patients. Your care and compassion is appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Nathan Hoyt, PSYCHIATRY

Thank you for working so hard in caring for our Veterans. Your hard work did not go unnoticed.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Elizabeth Strada, PSYCHIATRY

Thank you for your hard work and care for our Veteran's. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: John Mauch, PSYCHIATRY

Thank you for your hard work and collaboration on the psychiatry service while navigating through the craziness of covid in its early days.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Caleb Ho-a Shoo, PSYCHIATRY

Thank you for your compassionate care for patients and for always being willing to cover or help another resident. You are appreciated.

From: Dr. Abrams, VA Loma Linda



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Thank you to: Christian Bernardo, PSYCHIATRY

Thank you for always bringing a smile and good attitude. You take great care of patients and are a joy to be around.

From: Dr. Abrams, VA Loma Linda



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Thank you to: PSYCHIATRY RESIDENTS

Thank you to all of our wonderful psychiatry residents for your hard work and dedication to serve our Veterans! We are blessed to have each one of you as part of our teams throughout the VA!

**From: Gregory S. Foley, Ph.D., Staff Psychologist, ACE Psychology,
VA Loma Linda**



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Thank you to: Mikyla Cho, PSYCHIATRY

Hiiii thank you for everything that you do for your patients and the people around you. Thanks for always being willing to help me with anything. I really appreciate you!

From: Iris, Medical Student



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Thank you to: Elizabeth Ma, PSYCHIATRY

Thank you for using your super powers to create HMH! You dealt with a lot this month, you've laid the foundation for it to be a good learning experience for residents in the future.

From: Cory Suard, Psychiatry



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Thank you to: Alyssa Estrada, PSYCHIATRY

On one of my first weekend 2NE days you flew in and did like 5 follow up consults and a few new ones in a very short amount of time. I was equally impressed and appreciative, and use your work that day often as an example when I'm describing the difference between the "tempered steel" LLU residents compared with residents from other programs I've worked with. Keep up the good work!

From: Cory S., Psychiatry



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Thank you to: Sharon Chen, PSYCHIATRY

Your sense of humor is a great asset for morale! It made my day hearing your story about that one disastrous MOCA, and of course the flatulence incident :)

From: Cory Suard, Psychiatry



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Thank you to: Sunny, PSYCHIATRY

Thank you for your vigilance and persistence on call with patient's physical complaints, especially when it's chest pain, and especially when that chest pain ends up being a PE :) Strong work!

From: Cory S., Psychiatry



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